



Psychologist – Disability Support Outreach Team (DSOT)

Meaningful Work | Flexible 0.8 FTE | Permanent Part-Time | 32 hours/week

Make a difference where it matters most. Breton Ability is looking for a **Psychologist** to join our brand new Disability Support Outreach Team (DSOT) and help people with disabilities live with greater choice, dignity, and independence. This is an opportunity to bring your clinical expertise into a collaborative, community-based role where your work has a visible impact on individuals, families, teams, and communities across Cape Breton.

Be part of something new from the beginning. DSOT is a brand-new team being built to bring Remedy to life, and this role offers a rare opportunity to help shape how innovative, community-based disability supports are delivered across Cape Breton.

This is a chance to do meaningful clinical work in a setting where your expertise directly improves everyday life. You will provide assessment, therapy, consultation, and behavioural support for individuals with intellectual and developmental disabilities, mental health needs, dual diagnoses, and complex behavioural presentations. As part of a collaborative interdisciplinary team, you will help turn ideas into practical supports rooted in innovation, compassion, human rights, and real community impact.

Flexible by design: Funding is available for one full-time equivalent (FTE) Occupational Therapist position. The organization is committed to flexibility and is open to a range of scheduling arrangements, including full-time, part-time, shared, or customized schedules. Candidates are encouraged to apply regardless of their preferred hours, as we are willing to explore options that support both service delivery and work-life balance. Benefit eligibility may vary based on hours worked.

What you'll do:

- Provide meaningful psychological assessment, therapy, and consultation.
- Help shape Individual Program Plans and Positive Behaviour Support Plans.
- Support teams, families, and community partners with practical, evidence-informed strategies.
- Champion trauma-informed, person-directed, and human rights-based practice.
- Contribute to service growth, professional practice, and positive change across the sector.

What you bring:

- A Master's degree in Psychology from an accredited program.
- Eligibility for registration, or candidate registration, with the Nova Scotia Board of Examiners in Psychology.
- Experience supporting people with disabilities, mental health needs, and/or complex behaviours.
- A strong foundation in assessment, evidence-based intervention, trauma-informed care, and supported decision-making.

Where you'll work: This community-based role includes office, community, and virtual work, with travel across the service region. A valid driver's license and access to reliable transportation are required.

Why you'll want to join us: At Breton Ability, your expertise will be valued, your ideas will matter, and your work will help build more inclusive supports across Nova Scotia. We offer a supportive interdisciplinary team, comprehensive benefits, a pension plan, wellness programs, professional development, and opportunities to grow and lead.

How to Apply:

If you are passionate about advancing inclusive, rights-based services and want to make a measurable impact in your community, we encourage you to apply.

Please submit an updated resume highlighting the qualifications listed and a cover letter expressing why you believe you are the best match for this role by August 24, 2026, to: Human Resources Coordinator via email only hr@cb-bac.ca

Please include "Psychologist – Disability Support Outreach Team (DSOT)" in the subject line.

Join us in creating a future of choice, independence, and dignity for all individuals!