



Occupational Therapist (OT) – Disability Support Outreach Team (DSOT) **Meaningful Work | Flexible FTE | Permanent Full-Time | 37.5 hours/week**

Make a difference where it matters most. Breton Ability is looking for a **Occupational Therapist (OT)** to join our brand-new Disability Support Outreach Team (DSOT) and help people with disabilities live with greater choice, dignity, and independence. This is an opportunity to bring your clinical expertise into a collaborative, community-based role where your work has a visible impact on individuals, families, teams, and communities across Cape Breton.

Be part of something new from the beginning. DSOT is a brand-new team being built to bring Remedy to life, and this role offers a rare opportunity to help shape how innovative, community-based disability supports are delivered across Cape Breton. This is a chance to do meaningful clinical work in a setting where your expertise directly improves everyday life. You will provide occupational therapy assessment, consultation, and intervention services supporting individuals with intellectual and developmental disabilities, autism spectrum disorder, acquired disabilities, physical disabilities, mental health needs, and dual diagnosis. As part of an interdisciplinary team, you will develop practical supports focused on accessibility, participation, independence, health, safety, and quality of life.

Flexible by Design: Funding is available for one full-time equivalent (FTE) Occupational Therapist position. The organization is committed to flexibility and is open to a range of scheduling arrangements, including full-time, part-time, shared, or customized schedules. Candidates are encouraged to apply regardless of their preferred hours, as we are willing to explore options that support both service delivery and work-life balance. Benefit eligibility may vary based on hours worked.

What you'll do:

- Provide occupational therapy assessment, consultation, and intervention to support participation, independence, and quality of life.
- Complete functional, sensory, accessibility, environmental, and activities of daily living assessments.
- Recommend adaptive equipment, assistive technology, and environmental supports.
- Collaborate with individuals, families, teams, and community partners to create person-directed solutions.
- Support Individual Program Plans and Positive Behaviour Support Plans through a human rights-based, trauma-informed approach.
- Provide education and consultation on accessibility, sensory supports, supported decision-making, and Remedy-aligned service delivery.

What you bring:

- Master's Degree in Occupational Therapy, from an accredited program.
- Eligibility for registration or current registration with the College of Occupational Therapists of Nova Scotia.
- Experience supporting individuals with disabilities, complex support needs, and/or diverse abilities.
- Knowledge of occupational therapy assessment, sensory supports, accessibility, assistive technology, adaptive equipment, and participation-focused interventions.
- Strong consultation, communication, documentation, and interdisciplinary collaboration skills.
- Commitment to trauma-informed, rights-based, and person-directed practice.

Where you'll work: The Occupational Therapist works across community, office, residential, educational, and alternate settings as required. Travel within the service region is required and a valid driver's license must be maintained.

Why you'll want to join us: At Breton Ability, your expertise will be valued, your ideas will matter, and your work will help build more inclusive supports across Nova Scotia. We offer a supportive interdisciplinary team, comprehensive benefits, a pension plan, wellness programs, professional development, and opportunities to grow and lead.

How to Apply:

If you are passionate about advancing inclusive, rights-based services and want to make a measurable impact in your community, we encourage you to apply.

Please submit an updated resume highlighting the qualifications listed and a cover letter expressing why you believe you are the best match for this role by August 24, 2026, to: Human Resources Coordinator [via email only hr@cb-bac.ca](mailto:hr@cb-bac.ca)

Please include "Occupational Therapist – Disability Support Outreach Team (DSOT)" in the subject line.

Join us in creating a future of choice, independence, and dignity for all individuals!